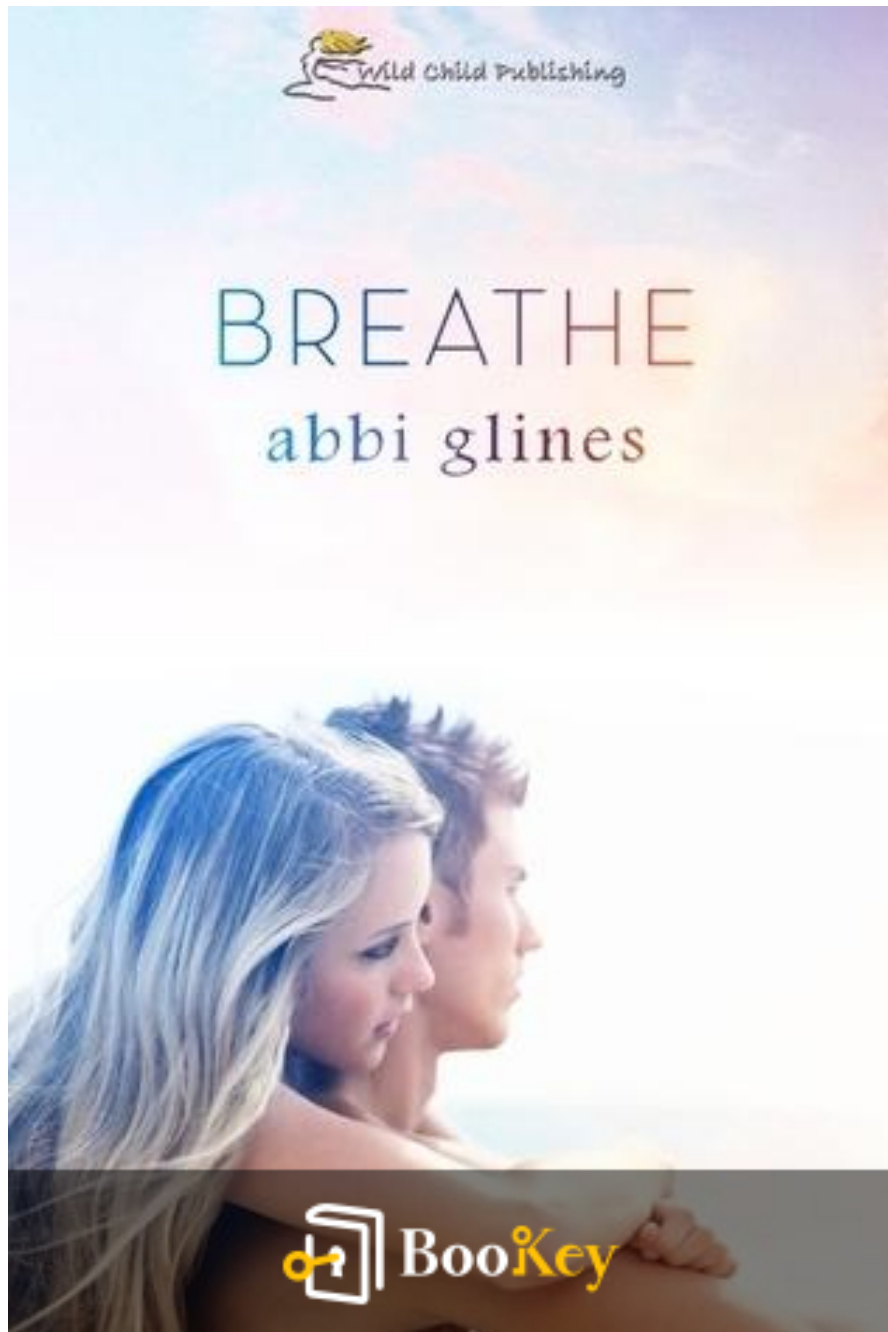


# Breathe PDF (Limited Copy)

Abbi Glines



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## **Breathe Summary**

Unexpected Love Blossoms Amidst Summer's Challenges and  
Celebrity Secrets.

Written by New York Central Park Page Turners Books Club

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## About the book

In "Breathe" by Abbi Glines, the story opens with Sadie White facing a summer that deviates significantly from her expectations. Instead of enjoying carefree days, she is thrust into the role of a domestic servant for a wealthy family residing on a nearby island. This drastic change arises from her mother's unplanned pregnancy, which leaves Sadie to take on responsibilities meant for her mother.

As she adapts to her new life, Sadie's path intertwines with that of Jax Stone, an immensely popular teen rock star coveted by girls everywhere. However, unlike those who are entranced by his fame, Sadie remains grounded, prioritizing her duties over the glitz of stardom. This unique perspective catches Jax off guard; he finds himself drawn to her genuine nature, which stands in stark contrast to the superficial interactions he typically experiences.

Initially hesitant to pursue a romantic relationship, Jax faces an internal battle as his feelings for Sadie deepen. Throughout the course of the summer, he embarks on a journey of self-discovery, realizing that his life feels incomplete without Sadie by his side. Their shared moments foster a profound connection, transforming both their outlooks on love and responsibility. As the summer unfolds, Sadie and Jax navigate the challenges of their differing worlds, ultimately leading to unexpected love and growth.

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## About the author

Abbi Glines, an acclaimed author known for her bestselling series such as *Rosemary Beach* and *Sea Breeze*, blends supernatural elements with romance in her captivating narratives. Her chapters intricately weave themes of love, personal growth, and the complexities of relationships, often set against the backdrop of youthful challenges and self-discovery.

In the initial chapters, readers are introduced to charismatic protagonists who navigate the tumultuous waters of young adulthood. Each character is meticulously crafted, often reflecting Glines' keen insight into the trials and tribulations of love and friendship. The charming yet flawed lead, often faced with emotional hurdles, is emblematic of Glines' signature style—exploring intimacy, heartache, and the pursuit of personal dreams amidst life's adversities.

As the plot unfolds, new characters are introduced, each bringing unique perspectives and conflicts. These individuals enhance the central narrative, contributing to a rich tapestry of interconnected relationships. Each character's backstory is subtly woven into the main storyline, adding depth and context that resonate with the reader's understanding of their motivations and fears.

Throughout the chapters, Glines employs evocative settings, enhancing the

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emotional landscape of her storytelling. Whether it's the idyllic backdrop of a coastal town or the charged atmosphere of a party, these environments serve as catalysts for character interaction and development.

The development of romantic relationships is central to the plot, marked by building tension and poignant moments that highlight the characters' vulnerabilities. Glines masterfully balances lighthearted banter with deeper emotional exchanges, allowing readers to both laugh and connect profoundly with her characters' journeys.

Ultimately, as the chapters progress, themes of resilience and self-acceptance emerge. Characters grapple with their identities, relationships, and aspirations, leading to transformative experiences that invite readers to reflect on their own lives. With a blend of charm, humor, and poignant realism, Abbi Glines crafts stories that not only entertain but also resonate on a personal level, making her work deeply relatable and enduringly popular.

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## Chapter 1 Summary: 1

In this chapter, we meet Sadie White, a teenage girl grappling with the unexpected responsibilities that come with her mother Jessica's pregnancy. As Jessica's condition worsens, leaving her unable to work, Sadie is reluctantly thrust into the adult role of provider for their small household. This sudden shift in familial roles adds a layer of complexity to their already strained relationship.

As the chapter begins, Sadie discovers her mother lying in bed, overwhelmed by the discomforts of pregnancy and cut off from her job as a domestic servant for a wealthy family on an exclusive island near Sea Breeze, Alabama. The burden of financial stability falls onto Sadie's shoulders, who is apprehensive about stepping into her mother's shoes but understands the dire need for income to support their lives.

Determined to maintain their precarious situation, Sadie travels to her mother's workplace, only to encounter scrutiny at the entrance. She must present her mother's identification to gain access, which sets the tone for her experience as an inexperienced worker in a high-stakes environment. Upon entering, she meets Fran, an older employee who assigns her the task of cleaning the family library—an important, private space within the affluent household. Sadie recognizes the significance of this job, both for the family's needs and her own desire to prove herself capable and reliable.



Despite her determination, Sadie's journey exposes her struggles with anxiety and self-image. She is fiercely resolved to avoid mirroring her mother's perceived irresponsibility, striving to create a more stable environment for both herself and Jessica. This inner conflict illustrates the weight of expectations looming over Sadie, as she navigates the complexities of their family dynamics.

Jessica, portrayed as somewhat indulgent and unable to prioritize her newfound responsibilities, inadvertently dismisses Sadie's sacrifices while focusing on her comfort during pregnancy. This dynamic adds tension to their relationship, as Sadie finds herself not only managing household responsibilities after a long day at work but also nurturing her mother's emotional needs.

The chapter poignantly highlights themes of responsibility, with Sadie shouldering adult duties in response to her mother's shortcomings. It delves into the complexities of family roles, illustrating how Jessica's condition impacts both her and Sadie's lives. Moreover, it showcases Sadie's resilience—a testament to her commitment to survival and stability, even in the face of overwhelming challenges.



## Chapter 2 Summary: 2

In Chapter Two of "Breathe" by Abbi Glines, we delve deeper into the life of Sadie, the protagonist, who has recently started her cleaning job at the luxurious home of Jax Stone, a renowned rock star. Jax, once an ordinary boy, has transformed into an idol, and his room reflects this journey, filled with nostalgic memorabilia and an impressive collection of guitars. Despite being in awe of his fame, Sadie makes a conscious effort to detach emotionally from him, as she struggles to balance her professional responsibilities with her growing admiration.

Sadie's supervisor, Fran, assigns her to assist in the kitchen, where she must serve dinner to Jax and his mother, Mrs. Stone. Initially feeling apprehensive, Sadie finds support from Marcus, a fellow server, who helps bolster her confidence. At dinner, Jax engages in light conversation with his mother while sneaking glances at Sadie, who tries to maintain her professionalism despite the tension of being in close proximity to someone she idolizes.

When Jax questions Sadie about her age and presence in his home, he inadvertently touches upon the stereotypes often associated with his fans. Sadie asserts her independence, making it clear that her role at his home is strictly professional. This moment of honesty resonates with Jax, highlighting his desire for authentic connections beyond the superficial



relationships often born from his fame.

The chapter effectively weaves together themes of identity, attraction, and the complexity of forming meaningful relationships in a world heavily influenced by celebrity culture. As Sadie navigates her feelings for Jax while striving to keep her professional demeanor intact, their interactions suggest the possibility of a deeper bond developing amid the challenges posed by his public persona and her reserved nature.

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# Chapter 3 Summary: 3

## Chapter 3 Summary

The chapter opens with a tense moment as Marcus anxiously waits for Sadie in the kitchen. Sadie is in a conversation with Jax, a man whose intentions are unclear but who seems to create unease. However, Sadie reassures Marcus that everything will be fine moving forward. Ms. Mary, the nurturing supervisor at the Stone Mansion where Sadie and Marcus work, notices the tension and encourages Sadie to leave for the day, suggesting that she takes time for herself. Marcus offers Sadie a ride home, revealing that he works at the mansion during summer breaks from college, sharing a glimpse of his life beyond the mansion's walls.

As they drive, Sadie and Marcus delve into their backgrounds, showcasing Sadie's maturity and depth compared to the typical teenage experience. Marcus finds himself captivated by her unique perspective, calling her "refreshingly unique," which sparks a deeper connection between them. He proposes they hang out on Sundays, suggesting a desire to explore their budding friendship further.

Throughout the workweek, Sadie finds comfort in her new routine, enjoying her interactions with Ms. Mary and forming a stronger rapport with Mr.



Greg, a supportive mentor figure at the mansion. Ms. Mary's kindness extends to Sadie's personal life; she often sends food home for Sadie's roommate, Jessica, showing her understanding of Sadie's circumstances. As Sadie and Marcus spend more time together, the groundwork for their friendship solidifies, hinting at a deeper emotional connection.

When the weekend arrives, Sadie is filled with anticipation for her outing with Marcus. Meanwhile, her relationship with Jessica adds a light-hearted dynamic, with Jessica playfully teasing Sadie about having a boy as a friend. Preparing for their day out, Sadie feels the excitement of experiencing her teenage years as others do, stepping away from her usual responsibilities.

Marcus picks Sadie up, and together they attend a barbecue at a friend's house—an event teeming with lively games and swimming. Although Sadie is initially nervous about fitting in and comparing her appearance to others, Marcus's supportive presence helps her embrace the experience. The friendly atmosphere allows Sadie to feel more included, and with Marcus cheering her on, she begins to shed her insecurities.

The chapter closes on a positive note, as Sadie revels in the warmth and support of her new friendships. Marcus's kindness and their strengthening bond contribute to her growing confidence, marking a significant step in her journey towards feeling comfortable in her new surroundings and experiencing life as a typical teenager.



# Chapter 4: 4

## Chapter 4 Summary

### Introduction

In this chapter, Sadie's world shifts as she navigates a meaningful encounter with Jax Stone, triggered by her friend Marcus's genuine concern for her safety after work.

### Marcus's Concern

Marcus pays a visit to Sadie in the garden, letting her know that the Stone family is dining out, which gives him the chance to leave early. Despite Marcus's suggestion to do the same, Sadie feels a sense of duty to stay and assist Mr. Greg, an elderly neighbor struggling with arthritis. Determined, she insists on biking home after picking up groceries, not anticipating the unexpected twist in her evening.

### Unexpected Companionship

Just as Sadie prepares to leave, Jax Stone, a member of the influential Stone family known for their status and wealth, shows up and offers her a ride





home. Initially hesitant about accepting, Sadie eventually opts for a walk along the beach with Jax instead. This decision begins a light-hearted conversation characterized by playful teasing. During their stroll, Sadie opens up about her life and her family, including her single mother and the complexities that arise from her mother's romantic choices.

## **Personal Connections**

As their conversation unfolds, Jax inadvertently reveals his more compassionate side. In a touching moment at the grocery store, he interacts gently with a little girl who idolizes him, highlighting a softer, caring aspect that contrasts sharply with the glamorous persona he often embodies in the public eye. Sadie is charmed by this display of kindness, further shifting her perception of him.

## **Grocery Store Encounter**

Jax joins Sadie on her grocery run, eager to partake in an ordinary experience away from the pressures of fame. Their playful banter creates an atmosphere of camaraderie, and when a young fan approaches Jax, he warmly engages with her, crystallizing a special moment for the child. Sadie watches this interaction unfold, feeling a deeper appreciation for Jax and reshaping her earlier perceptions of his character.



## Conclusion

As the evening draws to a close, Jax offers to drive Sadie home and insists on carrying her groceries to the door, even as she expresses concern about her mother's reaction to his presence. His charm and heartfelt acts of kindness leave Sadie both enchanted and contemplative about her feelings for him. The chapter closes with Sadie immersed in her thoughts, grappling with the complexities of their burgeoning relationship and the uncertainty of what the future may hold.

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# Chapter 5 Summary: 5

## Chapter Five Summary

Three days have passed since Sadie's unexpected outing with Jax at the grocery store, and she finds herself consumed with thoughts of him. Disappointment washes over her as she realizes that their brief moment together may not have held the same significance for Jax. This realization forces her to confront the emotional weight she places on their encounter, leading her to distract herself with her work at Stone Mansion, where Jax is hosting an elegant party.

Ms. Mary, the diligent housekeeper, assigns Sadie the daunting task of preparing shrimp appetizers. Though overwhelmed at first, she receives support from colleagues Marcus and Mr. Greg, who help her navigate the demands of catering to high-profile guests. The preparations emphasize the importance of professional demeanor, especially since some attendees may overlook personal boundaries out of entitlement or privilege.

As the evening unfolds, Sadie serves oysters and crosses paths with Jax, who offers a protective warning about the advances she may face from other partygoers. Tensions rise when an unwanted admirer confronts her, but Jax swiftly intervenes, showcasing his concern and protectiveness. In a private



moment away from the crowd, he opens up about his feelings and acknowledges the connection they share. Jax admits that he desires more than friendship but is hesitant due to the complications posed by his fame and lifestyle, which hinder the possibility of a sincere relationship.

Sadie is left grappling with the stark contrast between their lives—her grounded existence versus his glamorous yet tumultuous world. While Jax reassures her of his respect for her boundaries, the underlying attraction complicates their interaction. The chapter concludes with Sadie reflecting on their complex circumstances and the challenges that lie ahead for their budding relationship, underscoring themes of desire, connection, and the realities of navigating love amidst societal divides.

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## Chapter 6 Summary: 6

In Chapter Six, the protagonist finds herself at a crossroads, reflecting on her seemingly secure existence that revolves around routine and friendships, particularly with Marcus. However, she feels an emotional void stemming from her unrequited love for Jax Stone, a co-worker who carries the burden of fame. Despite the joy she experiences in her camaraderie with Marcus, her unresolved feelings for Jax cast a shadow over her contentment.

While waiting at the beach for Marcus, an unexpected encounter with Jax shifts her focus. He offers to take her home, creating tension as she grapples with her emotions. Faced with a choice between Jax and Marcus, she ultimately decides to stay with Marcus, a decision that visibly disappoints Jax. In this moment, Jax's jealousy surfaces, revealing that he has been observing her interactions with Marcus, which only complicates her feelings further.

Jax opens up about wanting a closer relationship with her, despite the challenges his public life entails. He reassures her that his intentions are genuine—that he wants her company not for the sake of having someone to accompany him, but because he genuinely wishes to connect. This heartfelt conversation deepens their bond, prompting her to reconsider her hesitations about exploring a relationship with him.



Ultimately, she agrees to take a chance on their connection, eager to be a part of Jax's life in whatever capacity she can manage. The chapter culminates with Jax inviting her into his home, marking a significant shift in their professional relationship to something more personal. As summer draws to a close, the protagonist is acutely aware of the transient nature of this season and the challenges that lie ahead, intensifying her internal struggle between her feelings for Jax and her responsibilities in her own life.

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# Chapter 7 Summary: 7

## Chapter 7 Summary

The chapter opens with Sadie entering the kitchen, where Ms. Mary is busy preparing breakfast. Here, she unexpectedly finds Jax, who has arrived early. Their playful banter lightens the morning atmosphere, although Ms. Mary casts a protective glance at Jax. However, he reassures her of his intentions, emphasizing that he cares for Sadie and would never hurt her.

Following breakfast, Jax expresses his eagerness to spend the evening with Sadie after her work shift, which fills her with excitement. Throughout the day, Sadie is preoccupied with thoughts of Jax, finding comfort in the warmth of his presence.

Once her work is finished, Sadie joins Jax in his bedroom. He reveals a personal side by sharing his impressive collection of guitars and recounts the story of his first guitar, showcasing a blend of nostalgia and vulnerability. Encouraged by Sadie, he plays the first song he ever learned, a moment filled with passion that deeply impresses her.

As their connection intensifies, Jax shares an original love song he wrote, prompting Sadie to reflect on her growing feelings for him. This intimate



moment is interrupted by Jason, Jax's brother, who playfully teases his sibling about his affections for Sadie before leaving them alone again.

Before parting, Jax gifts Sadie his iPod loaded with his music, eager for her to enjoy it. This act highlights his desire for intimacy and understanding between them. As Sadie leaves, she feels a profound emotional bond with Jax, filled with hope but also mindful of the potential challenges their relationship may face. This chapter encapsulates the blossoming of their connection, emphasizing the themes of vulnerability and the excitement of young love.

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## Chapter 8: 8

In Chapter 8, the narrative centers on Sadie's emotional turmoil and the challenges of balancing personal relationships with family responsibilities. Upon arriving at work, Sadie discovers a note from Jax, her romantic interest, informing her that he is flying to Hollywood for a movie premiere and won't be available for breakfast. This brief separation amplifies Sadie's internal struggle, as she grapples with her deepening feelings for him, aware that their romance is temporary due to Jax's impending departure at the end of summer.

As she navigates her shift, Sadie confides in her friend Marcus about her love for Jax, articulating her worries about the heartbreak that lies ahead. This moment of vulnerability underscores the complexity of young love, as she finds it difficult to reconcile her emotions with the realities of their ticking clock.

After work, Sadie chooses to ride her bike home instead of accepting a car ride from Jax, symbolizing her desire for independence and a break from her current worries. On her way, she runs into Amanda, a classmate who invites her to a July 4th beach party, further highlighting Sadie's yearning for a carefree social life, one that contrasts sharply with her current responsibilities.



When she arrives home, the mood shifts dramatically as Sadie finds her mother, Jessica, in distress due to labor pains. This emergency prompts Sadie to take her mother to the hospital, where they discover that the symptoms were caused by dehydration rather than impending labor. This incident serves as a wake-up call for Sadie, underscoring the unpredictability

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## Chapter 9 Summary: 9

In Chapter 9, Sadie has an unexpected encounter when she discovers Jax waiting outside her home in a silver Hummer, attempting to blend in with a disguise. Despite his efforts, Sadie can't help but tease him about his recognizability. Jax surprises her further by suggesting a movie outing instead of the day's planned work, promising a private theater experience that excites her.

As they settle in with snacks for an unreleased film, the atmosphere shifts, deepening their connection. In a moment charged with emotion, their playful banter escalates into a passionate kiss, leaving both stunned by the intensity of their feelings. Jax shares his admiration for Sadie, highlighting the special bond they share, which brings forth Sadie's insecurities about their vastly different worlds—his fame as a celebrity and her normal teenage life.

After the film, they stroll along the beach, providing a serene backdrop for deeper conversations. Jax reveals his own insecurities, expressing jealousy over Sadie's everyday experiences and underscoring how much she means to him. He invites her to a prestigious charity event, signaling his desire to integrate her into his life, despite her reservations about navigating the complexities of his celebrity world. After considering his feelings and talking to her mother, Sadie feels the weight of Jax's need for her presence. The chapter concludes with a tender moment between them, encapsulating



the sweetness of their growing romance while foreshadowing the challenges posed by Jax's fame.

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# Chapter 10 Summary: 10

## Chapter Summary: Choices and Changes

### Ms. Mary's Concern

Sadie returns home after a late-night visit to the hospital with her mother, only to find Ms. Mary anxiously awaiting her. Ms. Mary expresses her worry, urging Sadie to seek help instead of shouldering burdens alone. Jax, the boy Sadie has a crush on, is present, adding to the emotional complexity of the situation. Ms. Mary recognizes that Sadie's tendency to handle everything herself may not be sustainable.

### A New Dynamic

As Sadie spends time with Jax, their chemistry is undeniable, creating moments filled with tension and playful banter. However, Sadie's struggle with dependency surfaces, highlighting her independent nature and resistance to lean on others. Their budding connection is momentarily interrupted by Marcus, who stops by to check on Sadie and emphasizes the importance of accepting help.

### Unexpected News

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While engaging with Ms. Mary and colleagues, Sadie learns from Marcus that Jax is involved with Star Holloway, a well-known pop star. This revelation is earth-shattering for Sadie, forcing her to confront the reality of Jax's celebrity status and what it could mean for any potential relationship between them. As she grapples with mixed emotions—hurt, jealousy, and acceptance—maintaining her composure becomes increasingly difficult.

### **Seeking Solace**

Feeling overwhelmed by her spiraling thoughts, Sadie decides to take a bike ride to clear her head. At the beach, she crosses paths with Amanda, a local lifeguard who suggests that Sadie might consider becoming a lifeguard herself. Though they bond over this new opportunity, Sadie's mind remains preoccupied with her feelings for Jax, complicating her ability to focus on anything else.

### **Reflection with Marcus**

Marcus finds Sadie on the beach, and they engage in a heartfelt discussion. He offers a supportive ear, reminding her of her intrinsic worth and the qualities that initially attracted Jax to her. Marcus expresses his frustration towards Jax for stirring up Sadie's feelings without considering the consequences. Sadie, meanwhile, defends Jax, emphasizing his goodness but



still battles with her emotions about their contrasting worlds.

## **Decisions Ahead**

As their conversation wraps up, Sadie comes to a profound realization: she must confront her feelings for Jax and make decisions about her future.

Choosing to remain committed to her job and independence, she wrestles with the uncertainty of her relationship with Jax, knowing that her choices will shape her journey ahead.

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## Chapter 11 Summary: 11

In Chapter 11, the protagonist, Sadie, returns to the Stone mansion, balancing her emotional struggles with the need for work and a sense of responsibility that contrasts her friend Jessica's tendency to flee from difficulties. Upon her arrival, she is warmly welcomed by Ms. Mary but quickly finds herself face-to-face with Jax, whose presence stirs up complicated feelings, especially considering his connection with Star, a popular teen idol.

Despite attempting to maintain a strictly platonic relationship with Jax, Sadie is torn by her growing affections for him. Jax senses this tension and seeks to clarify their relationship, leading to a poignant exchange where he openly expresses his feelings for her. He reassures Sadie about his friendship with Star, which helps her begin to come to terms with her own emotions. When Jax tells Sadie that she "owns his heart," it culminates in a passionate kiss, marking a significant turning point in their relationship.

As Sadie prepares for a party with her friend Amanda, her anxiety intensifies, particularly regarding Jax's celebrity status and what it means for their blossoming romance. To her surprise, Jax insists on attending the party, wanting to publicly acknowledge their relationship. His presence at the event triggers a mix of excitement and apprehension for Sadie as the crowd reacts to Jax's fame, emphasizing the stark differences in their lives.



Throughout the evening, despite the pandemonium surrounding Jax, he remains focused on Sadie, offering her support and comfort. Their bond deepens through shared moments, like dancing to one of Jax's songs, which leads to more heartfelt conversations. As the night progresses, they confront the complexities of their relationship amid the realities of fame, leaving Sadie with lingering concerns about the challenges that await, especially with Jax's impending tour. The chapter poignantly captures the rollercoaster of emotions as Sadie navigates love, challenges, and the uncertainty of their future together.

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# Chapter 12: 12

## Chapter 12 Summary

### Morning After the Talk

Following a late night filled with deep discussions, Sadie wakes to find her friend Jessica already awake and concerned about her late return. Jessica urges Sadie to share details about her burgeoning romance with Jax Stone, a popular teen rocker. Reluctantly, Sadie reveals that she is dating Jax and has been invited to a fundraiser in Hollywood. Jessica expresses her disapproval, voicing concern for Sadie's naivety and the potential heartache associated with dating someone like Jax, who is immersed in a world of fame and chaos.

### Conflict and Heartbreak

Despite Jessica's warnings, Sadie confesses her love for Jax, stirring a moment of vulnerability where the maternal influence of her friends and family resonates. They acknowledge the likelihood of emotional upheaval from such a passionate relationship. As the fundraiser approaches, Sadie feels a growing sense of longing for Jax, and during their heartfelt goodbye, he gifts her an iPhone to help maintain their connection while he's away.



## **Work and Gossip**

While Sadie tries to navigate Jax's absence during her workday, her friend Marcus notices her distress and attempts to uplift her spirits. However, he inadvertently introduces a new layer of anxiety when he shares rumors about Jax being seen with actress Bailly Kirk, causing Sadie to question the strength of their relationship. The gossip hits her hard, leading to overwhelming tears and self-doubt as she struggles to maintain her composure.

## **Mixed Signals**

Caught in an emotional whirlwind, Sadie processes her feelings while Marcus, concerned for her well-being, confesses his own feelings towards her. Tension spikes when he unexpectedly kisses her, prompting Sadie to panic and run away from the situation. Later, she answers a call from Jax, who expresses his frustration over the kiss and reassures Sadie of his commitment to her. He also clarifies the context of the photos with Bailly, explaining that their interaction was misconstrued.

## **Resolution**

Through this chaotic series of events, Sadie gains insight into the

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complexities of Jax's life and begins to rebuild her trust in him. Despite the emotional turbulence brought on by rumors and misunderstandings, she reassures herself about their connection. With Jax promising to return soon, Sadie's heart swells with hope, paving the way for a potential reconciliation and the strengthening of their bond.

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# Chapter 13 Summary: 13

## Chapter 13 Summary

In this chapter, key developments unfold amidst the backdrop of a bustling restaurant and the complexities of relationships. As the summer draws to a close, Ms. Mary, the owner of the diner central to the story, finds herself in a bind when two of her servers, Marcus and William, unexpectedly quit. This leaves her in need of assistance, prompting her to enlist Sadie, a promising young woman with a strong character, to train a new server. However, Jax, who has developed a close bond with Sadie, argues against this arrangement. He believes that tonight should be a special evening for just the two of them.

With a desire to create an unforgettable experience, Jax surprises Sadie by inviting her to dinner at a fine French restaurant called “Le Cellier.” In preparation for their date, he presents her with a stunning dress and matching shoes. Despite initial nerves about how she will look, Sadie is touched by Jax's thoughtfulness and dashes her doubts away.

When dinner arrives, Jax, looking dapper in a tuxedo, takes the lead in ordering, ensuring that he avoids seafood—Sadie’s least favorite dish. This thoughtful gesture demonstrates Jax’s understanding of her preferences, deepening the emotional connection between them. Over a candlelit table



and soft music, they share intimate conversations, expressing their feelings as the reality of the impending end of summer looms over them. Jax opens up, admitting that his dreams have shifted to revolve around Sadie, revealing the depth of his affection and vulnerability.

The chapter crescendos as they enjoy a delightful meal followed by a romantic dance, underscoring the joy they find in each other's company. As the night concludes, Jax lovingly drops Sadie off at her apartment, reaffirming not just his love but also his commitment to protect her. This strong emotional bond is palpable, leaving readers with a sense of hope and longing as they navigate the remaining moments of their summer together.

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# Chapter 14 Summary: 14

## ### Chapter 14 Summary

### Morning Conflicts

The chapter opens with Sadie waking up late, only to find her friend Jessica in the kitchen, who playfully teases her about her oversleeping. Jessica then hands Sadie the Sunday paper, where an article featuring a scandalous photo of Sadie with Jax has been published. The piece sensationalizes their relationship, labeling Sadie as "Jax Stone's maid," casting her in a derogatory light, portraying her as someone desperate for a way out of her circumstances while painting Jax as a manipulator.

### Media Fallout

The situation rapidly escalates when Jessica turns on the TV, revealing a barrage of news stories dissecting Sadie and Jax's relationship. The media spins a narrative that exploits Sadie's humble background, suggesting that she is merely using Jax, a famous celebrity, to escape her impoverished life. Overwhelmed by the public interest in her private life, Sadie becomes physically ill, indicating just how invasive and distressing the media's scrutiny can be.



## **Jax's Arrival**

When Jax arrives, he is noticeably troubled by the uproar surrounding their relationship. He conveys his frustration and concern for Sadie's well-being during a tense car ride, feeling responsible for exposing her to such harsh public scrutiny. Jax expresses a strong desire to protect her from the negative consequences that come with being in the spotlight alongside him.

## **An Emotional Decision**

In a heart-wrenching moment, Jax decides that separating from Sadie is necessary for her safety and well-being. He explains that the relentless media attention and the challenges of his celebrity status make it impossible for them to maintain a normal relationship. Sadie is left heartbroken and confused, struggling to understand why their love, which feels so real, isn't enough to withstand the pressures of fame. Despite her desperate pleas for him to reconsider, Jax firmly insists that they must part ways for her own good.

## **Separation**

The chapter concludes with Sadie exiting the car in turmoil, feeling the weight of her emotions crashing down around her. She rushes to her mother





and collapses into her arms, marking a pivotal moment in her life as she grapples with heartbreak and the harsh realities of fame and public scrutiny. This moment signifies a significant turning point for Sadie, highlighting her vulnerability and the emotional toll of the situation.

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# Chapter 15 Summary: 15

## Chapter Fifteen Summary

In this chapter, the protagonist finds herself engulfed in a deep emotional crisis following the recent loss of someone significant in her life.

Overwhelmed by grief, she retreats into her room, isolating herself from the world for several days. During this period, her friend Jessica, who has been a steadfast support, tries to reach out, but the protagonist remains unresponsive, even dismissing Jessica's warnings about the danger of her state of mind and the possibility of hospitalization.

The turning point comes when Marcus, a familiar ally from their past, breaks through her self-imposed barriers. He arrives unannounced, bringing with him a gentle persistence and a comforting presence. Gradually, he encourages her to nourish herself, sparking a gradual resurgence of her will to heal. This marks a pivotal moment, as they venture outside together, allowing her to reconnect with the calming embrace of the sea, which serves as a metaphor for the ebb and flow of life and emotions.

As they walk and talk, Marcus shares uplifting messages from their community, reminding her that she is not alone in her struggle and that support is still available. This sparks introspection within the protagonist;





she begins to grapple with tumultuous feelings about her past relationship with Jax, reflecting on themes of love, loss, and the necessity of acceptance. Although the pain is palpable, she begins to understand the importance of moving forward instead of remaining trapped in her grief.

In the days that follow, Jessica, who is preparing for motherhood, underscores the importance of financial independence, encouraging the protagonist to seek employment. Confronted with their precarious living situation and the realization that change is essential for survival, the protagonist resolves to step back into the world despite her lingering fears. She acknowledges the need to set aside her pride and embrace practical solutions, taking a crucial step towards reclaiming her life and purpose.

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## Chapter 16: 16

In Chapter Sixteen, Sadie's life takes a significant turn as she secures a position at a local lawyer's office, a fortunate opportunity made possible through Ms. Mary's connections. Although Sadie received a "ridiculous" severance pay from her previous job with Jax, she finds herself torn about relying on financial support, indicating her struggle with independence and self-sufficiency.

The chapter shifts dramatically when Sadie's mother, Jessica, unexpectedly goes into labor at home. With urgency and care, Sadie calls 911 while attempting to comfort her mother. As the paramedics arrive, Sadie's instincts kick in; she hurriedly gathers essential items for both Jessica and the approaching newborn.

Upon their arrival at the hospital, Sadie is thrust into the frenetic atmosphere of the maternity ward. Here, she witnesses the raw intensity of childbirth, as Jessica endures painful contractions, vocalizing her distress. Despite the chaotic environment, Sadie remains by her side, offering support through the pain and uncertainty.

The climactic moment arrives as Jessica successfully gives birth to a son, whom they name Sam. As Sadie cradles her new brother for the first time, a wave of overwhelming emotion washes over her, signaling the budding love



she feels for him. The chapter concludes with a nurse taking Sam for a check-up, leaving Sadie to contemplate her new role as a big sister. She grapples with a mix of joy and disbelief, reflecting on the profound shifts in her family dynamic and the responsibilities that come with her new title.

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# Chapter 17 Summary: 17

## Chapter Seventeen Summary

In Chapter Seventeen, the setting unfolds shortly after the birth of Sadie's baby brother, a significant family event that brings her friends and relatives together. Key figures in this chapter include Marcus, who expresses genuine concern for Sadie's emotional well-being; Ms. Mary, a supportive presence throughout Sadie's journey; and Preston, a friend who lightens the mood with his jovial interactions.

Despite the lively environment, Sadie is caught in a web of introspection, reflecting on her past relationship with Jax Stone, a famous musician whose impact on her life is profound. Even in the company of her friends, including the flirty Preston, she feels no romantic spark but is instead haunted by memories of Jax, indicating the depth of her unresolved feelings.

The chapter transitions to a visit to the local diner, the Pickle Shack, where the group indulges in burgers and casual banter. Marcus and Preston's playful rivalry emerges, hinting at underlying tensions as they compete for Sadie's attention. Meanwhile, Sadie's thoughts remain anchored in her past, as she vividly recalls her experiences with Jax.



Adding to her emotional struggle, Sadie discovers she has become somewhat of a public figure as Jax's ex-girlfriend, a development that unsettles her. This notoriety forces her to confront her identity in a world where she is constantly reminded of her connection to Jax, complicating her path forward.

The chapter reaches its emotional peak when Sadie decides to listen to Jax's new song, "Don't Cry." The poignant lyrics mirror her pain, yet they also offer a strange sense of comfort, suggesting that his music provides an avenue for healing, even in his absence. Her acknowledgment of the song's dual nature—bringing both hurt and solace—demonstrates her complex relationship with her memories of Jax.

In conclusion, Chapter Seventeen captures Sadie's struggle to process her past while navigating her new reality. While the wounds from her relationship with Jax remain fresh, the connection she feels through his music serves as a guiding light, helping her begin to cope with her grief and chart a path toward healing.



# Chapter 18 Summary: 18

## Chapter 18 Summary: Connections and Challenges

### Navigating Nighttime Struggles

In this chapter, we witness Sadie grappling with the dual challenges of caring for her newborn brother, Sam, and supporting her mother, Jessica, who is wrestling with postpartum depression. Sadie's exhaustion compounds her responsibility, yet she forges a close bond with Sam, confiding her thoughts and feelings in the quiet moments they share. Despite the fatigue, these interactions highlight her nurturing side and her instinct to provide solace in their shared struggles.

### Concerns for Jessica

Sadie's anxieties deepen as she reflects on Jessica's capability as a mother while managing her own feelings of nostalgia for a simpler past. With the onset of the school year, she feels the weight of her new reality and the changes in her family dynamics. Although she worries about leaving Sam in Jessica's care, Sadie tries to reassure herself that Jessica's role as his mother gives her the right to nurture him, even amidst her struggles.



## **Facing School Again**

As Sadie returns to school, her discomfort becomes apparent through awkward exchanges, particularly with her classmate Amanda, who notices Sadie's emotional burden. These interactions bring memories of Jax, Sadie's first love, flooding back, making it difficult for her to focus on her studies and adjust to her peers' new attitudes toward her situation.

## **Attention and Jealousy**

An unexpected twist occurs when Dameon, a popular student, starts showing interest in Sadie, stirring jealousy among their classmates, especially Mary Ann. Sadie's self-esteem fluctuates as she navigates the attention, which is complicated by her past with Jax, leaving her feeling exposed and overwhelmed.

## **Coping with Emotional Turmoil**

After a particularly hurtful confrontation with Mary Ann that unearths painful memories of Jax, Sadie faces a critical moment for her mental health. Amanda's cheering words resonate with her, reminding Sadie that she must prioritize her responsibilities, especially as Sam's caregiver. This realization serves as a turning point that urges her to summon her inner strength amid the pressures of adolescence.





## Conclusion

Sadie is on a path of rediscovery and resilience, aiming to balance the demands of motherhood with the trials of high school. Acknowledging her need for support while embracing her role as Sam's protector, she steps forward, determined to reclaim her strength in both her familial and social obligations.

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# Chapter 19 Summary: 19

## Summary of Chapter Nineteen

In Chapter Nineteen of "Breathe" by Abbi Glines, the protagonist faces the overwhelming challenges of unexpected parenthood while caring for her baby brother, Sam, amid a backdrop of family turmoil and personal sacrifice. The chapter delves into themes of exhaustion, responsibility, and the quest for stability in a chaotic life.

As the protagonist balances her schoolwork with the demands of caring for Sam, she becomes increasingly burdened by her sister Jessica's neglect and emotional unavailability. Jessica's postpartum depression exacerbates the situation, raising concerns about Sam's well-being and leaving the protagonist feeling isolated under the weight of their shared circumstances. Financial strain looms as the costs of diapers and formula become unbearable, tempting her to consider sacrificing her education for the immediate needs of her family.

A pivotal moment occurs when, after a grueling night filled with worry and fatigue, the protagonist collapses from exhaustion while riding her bike, resulting in a serious head injury. During her unconscious state, she is enveloped in comforting memories of Jax, a figure from her past whose



presence brings her solace.

When she awakens in the hospital, Jax is there to support her, providing reassurance that Sam is safe and cared for by Ms. Mary, a nurturing character who plays a crucial role in the protagonist's support system. Meanwhile, Jessica is receiving necessary help for her condition. This moment is significant as it illustrates the emerging network of love and support around the protagonist, shifting her perception of her burdens.

As Jax expresses his commitment to her despite his celebrity status and redirects focus to her needs for a normal high school experience, the bond between them deepens. Their conversations reflect a genuine concern for her well-being and a shared understanding of the obstacles they must navigate together.

The chapter concludes with the protagonist recognizing her feelings for Jax, a realization that brings a sense of hope amidst her complicated reality. His promise to stand by her side serves as a turning point, suggesting that while challenges remain, the power of love and friendship can illuminate the path ahead. This chapter encapsulates her tumultuous journey, revealing how she learns to embrace her responsibilities while also nurturing her own dreams, bolstered by new-found support and connection.



## Chapter 20: 20

In Chapter Twenty, Sadie experiences a week of recovery in the hospital, buoyed by the presence of Jax, who brings her joy through his soothing songs and companionship. Engaging in chess matches with Mr. Greg and meaningful conversations with Jessica, Sadie finds comfort and a sense of normalcy amid her health struggles. Upon being discharged, Jax is eager to care for her, but Ms. Mary steps in to take Sadie home, where she shares a heartwarming reunion with her baby brother, Sam. Jax, however, prepares for upcoming concert dates and urges Sadie to promise she'll rest before returning to school on Monday.

Transitioning back to high school proves challenging for Sadie. As she enters the bustling school environment, she is met with an influx of attention, inquiries about her recovery, and discussions about her connection with Jax. Principal Farmer offers her support, but she grapples with the complexities and pressures of high school life, including whispers and rumors from her peers.

During lunchtime, Amanda encourages Sadie to attend the Homecoming game and dance, urging her to push past her worries about fitting in. To her surprise, on the night of the event, Jax arrives, prioritizing Sadie's happiness over his busy schedule. The two share a heartfelt moment on the beach, where they openly discuss their futures and their feelings for each other.



Sadie confides in Jax about her aspirations for college, realizing that her strongest desire is simply to be with him. Jax reassures her of his dedication, affirming that she is indeed his future. This moment not only strengthens their bond but also reinforces the depth of their love, setting a hopeful tone for what lies ahead.

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