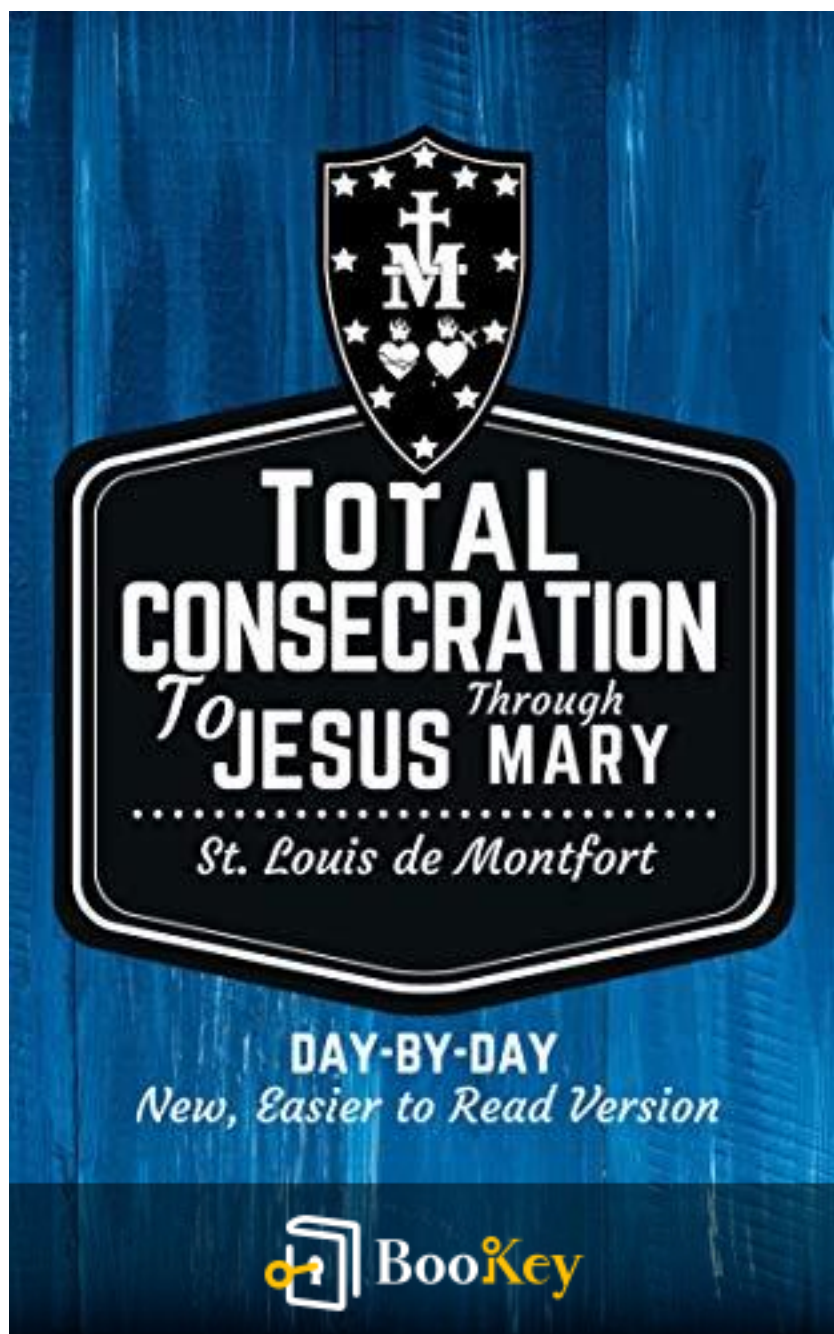


# Total Consecration To Jesus Through Mary PDF (Limited Copy)

Louis de Montfort



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# **Total Consecration To Jesus Through Mary Summary**

Discover the Perfect Path to Jesus through Mary's Guidance.

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## About the book

In "Total Consecration to Jesus through Mary," St. Louis de Montfort presents a profound exploration of Marian spirituality that has earned him reverence from both Popes and Saints. This newly translated edition offers readers a structured, day-by-day guide to deepen their relationship with Christ through the intercession of the Blessed Virgin Mary. Recognizing Mary as a pivotal figure in the Christian faith, Montfort illuminates her role as both a guide and protector on the spiritual journey.

The work's foundation is built upon the belief that surrendering oneself to Mary leads to a more intimate communion with Jesus. Montfort asserts that this path is not only "short, easy, secure, and perfect," but it is also the very route that Jesus Himself embraced. Each chapter leads readers through reflections and prayers that invite them to contemplate the virtues of Christ and the significance of Mary in their lives. By fostering a deeper understanding of their relationship with the Mother of God, readers are encouraged to cultivate a life steeped in prayer, obedience, and love.

Through thoughtful meditations and practical applications, Montfort's teachings serve as a comprehensive manual for anyone seeking to enrich their faith. Each day's reflection builds upon the previous one, creating a cohesive narrative that illustrates the beauty and simplicity of Marian devotion. This journey ultimately leads individuals closer to the heart of

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Christ, reflecting Montfort's conviction that through Mary, believers can attain spiritual fulfillment and a closer walk with God.

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## About the author

Saint Louis de Montfort, a notable French priest born in 1673, is celebrated for his deep spirituality anchored in a profound devotion to the Virgin Mary. His legacy stems from his pioneering works on Marian consecration, where he emphasized the importance of developing a closer relationship with Christ through Mary. As a devout advocate for the Catholic faith, he founded the Company of Mary and the Daughters of Wisdom, communities aimed at fostering spiritual growth and elevating the teachings of Christ.

Montfort is perhaps best known for his influential writings, particularly "True Devotion to Mary," in which he articulates his vision of total surrender to God's will through Mary's intercession. This approach encourages believers to cultivate a deeper spiritual life, making Montfort a pivotal figure in Marian devotion and Catholic spirituality. His teachings continue to inspire countless individuals on their journeys toward a more profound faith, underscoring the timeless relevance of his message within the context of the Catholic Church. Through his life and works, Montfort's call to embrace a deep, personal relationship with the divine remains impactful, guiding many toward spiritual fulfillment.

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# chapter 1 Summary: RENUNCIATION OF THE WORLD

## Summary of Chapter 1: Total Consecration to Jesus through Mary

The first chapter introduces the foundational concept of renouncing the worldly spirit, which is in direct opposition to the divine essence of Christ and Mary. This worldly spirit embodies sin, temptation, and a myriad of distractions driven by fleshly desires, vanity, and moral decay. To cultivate a deeper spiritual life, individuals are encouraged to reject these influences through practices that include regular conscience examinations, heartfelt prayers, and nurturing a pure heart, all of which are vital for sincere contemplation of God.

As part of this spiritual journey, daily prayers are prescribed to invoke the guidance of the Holy Spirit and the intercession of the Virgin Mary. Notable prayers highlighted include "Veni Creator Spiritus" and "Ave Maris Stella," both aimed at fostering inner clarity and divine assistance.

Throughout the first twelve days of this period, a structured set of meditations and scripture readings is provided, focusing largely on the book of Matthew along with excerpts from significant texts such as "The Imitation of Christ" and "True Devotion to Mary." These readings emphasize essential

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virtues like humility, self-control, and love for others, while illustrating Mary's pivotal role as a channel of grace and a vibrant model of faith.

The chapter outlines a series of spiritual exercises designed to deepen one's connection to God. These exercises include personal reflection through examinations of conscience, acts of contrition, and heartfelt prayers such as the *Suscipe* and the Act of Reparation to the Immaculate Heart of Mary. Collectively, these practices encourage a profound appreciation of Mary's virtues and aim to strengthen devotion to her as a means of approaching Jesus.

In essence, the chapter centers around the theme that true devotion to Jesus requires a deliberate detachment from worldly distractions. It emphasizes integrity, the importance of a pure heart, and the transformative power of prayer. Mary is presented not only as a significant intercessor but also as an exemplary figure in the spiritual journey. The chapter concludes with a reflective invitation for individuals to evaluate their relationship with God, encouraging a pursuit of grace and purity through unwavering devotion to Mary—a vital ally in the quest for spiritual fulfillment and redemption.

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## **chapter 2 Summary: KNOWLEDGE OF SELF**

### **Summary of Chapter 2: Total Consecration to Jesus through Mary**

Chapter 2 delves into the theme of self-knowledge as a foundational step toward achieving a deeper union with Jesus through the devotion to Mary. This initial phase of preparation is centered around prayers and reflections that encourage individuals to confront and acknowledge their sins. Recognizing one's human frailty is crucial for fostering a genuine need for divine grace, which is essential for spiritual growth.

### **Knowledge of Self**

The chapter begins with a personal introspection focused on understanding one's weaknesses and sins. This self-awareness is not meant to induce despair, but rather to cultivate contrition and humility. It sets the stage for a transformative journey, highlighting the critical role of grace in overcoming personal failings.

### **Prayers for the First Week**

The prayers selected for this week, including the Litany of the Holy Spirit and "Ave Maris Stella," establish a framework for inviting divine assistance.

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The **Litany of the Blessed Virgin Mary** serves as a way to seek her intercession, emphasizing her protective qualities. Coupled with spiritual exercises and reflections, these prayers aim to deepen the participant's relationship with God through acts of contrition and a more humble stance.

## **Meditation & Readings for Days 1-7**

Each day of the week introduces scriptural passages paired with reflections that explore Mary's pivotal role in salvation:

1. **Day 1:** Matthew 24:21-40 emphasizes the necessity of spiritual vigilance in anticipation of Christ's return.
2. **Day 2:** Matthew 25:31-46 urges believers to embody their faith through charitable actions.
3. **Day 3:** Luke 11:21-40 reveals the seriousness of our spiritual condition.
4. **Day 4:** Luke 13:6-21 illustrates God's patience and the importance of producing good spiritual fruit.
5. **Day 5:** Luke 16:16-31 contrasts the destinies of the rich man and Lazarus, highlighting the imperative of mercy.
6. **Day 6:** Luke 17:1-20 calls for a commitment to forgiveness and the power of faith.
7. **Day 7:** Luke 18:1-17 emphasizes the need for persistent prayer and the humility akin to that of children.

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## **True Devotion to Mary**

The text offers an in-depth theological exploration of Mary's humility and obedience, portraying her as the antithesis of Eve's disobedience.

Recognized as the Queen of Heaven, Mary serves as a crucial intercessor for the faithful. Devotion to her is not merely an act of reverence but a necessary component for fostering spiritual vitality. The chapter calls for a total dedication and submission to Mary, reflecting the belief that her maternal influence is instrumental in nurturing faith and perseverance.

## **Conclusion**

In conclusion, the chapter reinforces the significance of recognizing one's reliance on God and Mary's vital role in leading the faithful toward Christ. It emphasizes humility, prayer, and the transformative nature of consecration to Mary as essential pathways to achieving a more profound union with Jesus. This preparation period is presented as a crucial step in the spiritual journey, where understanding and devotion converge to foster a deeper connection to the divine.

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# **chapter 3 Summary: KNOWLEDGE OF THE BLESSED VIRGIN**

## **Summary of Chapter 3: Total Consecration to Jesus through Mary**

### **Introduction to the Second Week**

The second week of the consecration journey is designed to deepen one's understanding of the Blessed Virgin Mary, whose virtues and role as a mother figure are pivotal in connecting believers with Jesus. Mary is presented as our sovereign and Mediatrix, inviting devotion and commitment to her as a path to spiritual union with Christ.

### **Prayers for the Second Week**

During this week, several prayers are introduced to enrich spiritual practice. These include the Litany of the Holy Spirit, which invokes divine guidance, the Ave Maris Stella, a hymn honoring Mary as a star of the sea, and the Litany of the Blessed Virgin Mary, which celebrates her attributes and intercessory power.

### **Daily Readings and Meditations**

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Each day presents specific scripture readings and reflective passages that underscore Mary's virtues and her role as a mediator of divine grace. These meditations encourage personal contemplation of her importance in the story of salvation.

## **Glories of Mary**

This section highlights key moments in Mary's life, such as the Annunciation, where she accepts the divine message of becoming the Mother of God, and the Visitation, where her support and joy in sharing Christ is emphasized. Through these reflections, the transformative blessings she brings are celebrated.

## **True Devotion to Mary**

True devotion is framed as a deep, perfect love characterized by total self-giving. It involves a heartfelt reliance on Mary as one intercedes for spiritual growth and intimacy with Jesus. This chapter stresses that establishing a sincere relationship with Mary is essential for one's faith journey.

## **Spiritual Exercises**

Believers are invited to engage in spiritual exercises that promote a

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commitment to Mary. These activities include acts of contrition, charitable deeds, and dedicated prayers, all aimed at fostering a deeper connection to Mary as one's spiritual mother.

## **Reflection on Devotions to Mary**

The chapter differentiates between casual devotions and a more profound "Holy Slavery of Love," which calls for a complete surrender to Mary, embodying her humility and faith. This section concludes with an urging to adopt Mary's virtues, embracing an identity rooted in her guidance as devoted children.

## **Conclusion**

The teachings of this chapter encourage ongoing contemplation of Mary's significance and the impact she has on believers' lives. Ultimately, it culminates in a commitment to embody faith through her example, fostering a deeper relationship with Jesus through Mary's maternal influence.

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## chapter 4: KNOWLEDGE OF JESUS CHRIST

### Summary of Chapter 4: Total Consecration to Jesus through Mary

Chapter 4 centers on deepening the understanding of Jesus Christ as both divine and human, exploring His rightful dominion over humanity after the rejection of sin. This week's reflections enhance comprehension of His life and virtues—particularly those embodied in His Sacred Heart—and the significant role of Mother Mary during pivotal moments in His earthly journey.

The week's practices include a series of prayers that foster spiritual growth and connection:

- **Litany of the Holy Spirit** seeks guidance and sanctification by calling upon the Holy Spirit, inviting His presence into one's spiritual life.
- **Ave Maris Stella** is a hymn revered in the Christian faith, celebrating Mary as the guiding star of the sea, asking for her intercession and protection.
- **Litany of the Holy Name of Jesus** consists of invocations honoring different attributes of Jesus, aiming for divine mercy and support.
- **Litany of the Sacred Heart** involves meditations on the sufferings and virtues of Jesus, cultivating an attitude of humility and reverence towards

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His love and sacrifice.

For Days 27–33, the chapter outlines daily scripture readings that include passages such as John 13:1–20, supplemented by insightful texts like "The Imitation of Christ" and "True Devotion to Mary." These readings guide participants to reflect on the nature of Jesus, emphasizing Mary's integral role in fostering a closer relationship with Him through devotion.

The spiritual exercises performed daily incorporate various litanies and encourage personal reflection on key themes:

1. **Devotion to Mary:** This theme underscores how honoring Mary facilitates a greater glorification of God, motivating believers to entrust their spiritual well-being to her maternal care.
2. **Suffering and Humility:** Acknowledging suffering as an essential component of spiritual maturation, this section advocates for humility in recognizing our dependence on divine grace.
3. **Role of Intercession:** This theme affirms how mediators, especially Mary and Jesus, are essential in approaching God, revealing the necessity of their intercession given our inherent unworthiness.

Overall, this chapter fosters a deepened appreciation for the life of Jesus, highlighting the indispensable role of Mary and the spiritual exercises that cultivate a profound devotion to both figures. It invites believers into a

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transformative journey of faith, fostering an intimate relationship with the divine through the maternal guidance of Mary.

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